

Colonoscopy prep instructions

Dulcolax/Citrate of Magnesium

Purchase

1. 4 Tablets of Dulcolax (Over the counter)
2. 2 Bottles of Citrate of Magnesium

Day Before

1. Have **Clear** liquids only for the entire day (water, juices, soda, jello, Popsicle, black coffee, tea).
2. Around 5 p.m. take 4 tablets of Dulcolax with a glass of any clear liquid.
3. At 6 p.m. drink 1 bottle of Citrate of Magnesium.
4. At 11 p.m. drink the 2nd bottle of Citrate of Magnesium.
5. Nothing to eat or drink after midnight except for your prescription medications the morning of your test, unless advised differently.
6. If you are taking **Coumadin**, please **CALL** us to discuss your medications before your procedure.
7. If you are a Diabetic on medication, please **CALL** us to discuss your medications before your procedure.