

Colonoscopy Prep instructions

Dulcolax/Colyte

Purchase

1. 4 - Tablets of Dulcolax (Over the counter)
2. 1 - 4000cc bottle Colyte (This is a prescription. Please call if you have not yet received a prescription for this medication.)

Day Before

1. Have **Clear** liquids only for the entire day (water, juices, soda, jello, Popsicle, black coffee, tea).
2. Around 5 p.m. take 4 tablets of Dulcolax with a glass of any clear liquid.
3. At 6 p.m. start drinking the Colyte solution. Drink 1 glass every 30 minutes until you have finished 1/2 of the solution.
4. At 10 p.m. start drinking the Colyte solution again. Drink 1 glass every 30 minutes until finished.
5. Do Not eat or drink after midnight except for your prescription medications the morning of your test, unless advised differently.
6. If you are taking **Coumadin**, please **CALL** us to discuss your Medications before your procedure. If you are a **Diabetic** on medication, please **CALL** us to discuss your medications before your procedure.

Please remember to bring a list of your current medications with you.