

Home Medication Instructions for Colonoscopy and Endoscopy Procedures

Patients on Diabetic Medications:

- Take HALF of your long-acting insulin dose the night before.
- DO NOT TAKE your regular insulin dose the morning of your procedure.
- Insulin pumps should be reduced to HALF (1/2) the basal rate two (2) hours prior to your arrival.
- Do not take any diabetic medications by mouth on the morning of your procedure!
- Please refer to the directions below for injectable GLP-1 Agonists.

Patients on Weekly Injectable GLP-1 Agonist Medications for any reason:

- Such as semaglutide (Ozempic, Wegovy), tirzepatide (Mounjaro), exenatide ER (Bydureon), albiglutide (Tanzeum) and dulaglutide (Trulicity).
- STOP at least one week (7 days) prior to your procedure.

Patients on Blood Thinners:

- Aspirin: Continue to take as prescribed.
- Eliquis(apixaban) or Xarelto(rivaroxaban): Must be stopped 48 hours prior to your procedure.
- Coumadin (warfarin) and Plavix (clopidogrel): Must be stopped for 5 days prior to your procedure. CALL your prescriber for instructions, as you may need a "Lovenox bridge".
- Recent stroke/heart attack: CALL your prescriber. It may not be safe for you to discontinue your blood thinner. Your colonoscopy may be postponed until it is safe to do so.
- All other blood thinners: Call NE Gastro (603) 898-5082 to discuss at least one week prior to your procedure.

Patients on medications for your heart and/or blood pressure:

- You should take these medications (Common meds include, but not limited to: Metoprolol, amlodipine, lisinopril, atenolol, diltiazem) the morning of your procedure with a sip of water.
- Wait to take diuretics (such as Hydrochlorothiazide, Furosemide, Spironolactone, and Bumex) until you get home.